

Biodynamics in One Minute on CNN: *What would you say?*

A glimpse into the next generation of biodynamic farmers

“CNN is going to interview me tomorrow. I will have less than one minute to talk about biodynamic farming. What would you say?”

Daron Joffe, an organic farmer from Atlanta, asked this question to a panel of young farmers at the opening night of the 2010 National Conference held by the Biodynamic Farming and Gardening Association.

The audience buzzed as each panel member prepared to speak. *“Growing the Food Revolution”* was the theme of the conference. And this question, one of many more to come, was right on target.

Andrew, a young herdsman from Seven Stars Farm in Pennsylvania, was the last panel member to answer. He was shy and spoke simply. “Well, I would say that with conventional farming you are taking more from the earth than you are giving back. With organic farming, you try to give back the same amount as you take out. But with

biodynamic farming, you give back more to the earth than you take out.”

The audience gave a warm response. So clear, simple, and to the heart; a great example of the fresh forces brought to the conference by Andrew and nearly a hundred other young people interested in biodynamic farming.

Find out more about how the conference became a turning point for the biodynamic community by visiting [Growing the Food Revolution](#).

By the way, Daron Joffe was serious. The next day he was interviewed on CNN and had only one minute to speak about biodynamics. His interview, entitled “Farmer D Talks Biodynamic Farming,” can be found at www.cnn.com.

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